



Cold Sandwiches

*on housemade bread, with a side of organic green salad**

- **BLT with Mayo** (*df, contains egg*) 6.50
- **Housemade Hummus with Seasonal Roasted Veg** (*vn, contains sesame*) 6.00
- **Tarragon Chicken Salad with Mayo** (*df, contains egg*) 6.25
- **Tomato, Pesto, Fresh Mozzarella** (*v, contains dairy, nuts*) 6.50

Hot Sandwiches

*on brioche bun with a side of organic green salad**

- **Coffee & Cocoa Marinated Skirt Steak, Salsa, Red Onion, Mayo** (*contains dairy, egg; DF option available*) 8.95
- **Crispy Sesame Tofu, Kohlrabi Slaw, Lemon Tahini Sauce** (*v, contains dairy, egg, sesame, soy. VN option available*) 8.25

GFI bread (*df, contains egg*) is available for all our sandwiches.

We also have seeded sourdough rye (*vn, wheat free, contains gluten*).

Salad Plate 7.95 for selection of five, or 1.75/each

Choose from the selection of the day, displayed at counter.

Kids' Menu

We offer half-portions of (almost) anything on the menu for half-price. Plus we have (3.50 each):

- **Melted Cheese Pita** (*gluten, dairy*)
- **Hummus, Carrots & Pita** (*gluten, sesame*)
- **Peanut Butter & Jam Sandwich (or just PB or just Jam)** (*gluten, peanuts*)

V=vegetarian, vn=vegan, gfi=gluten free ingredients, df=dairy free

**Salad dressing contains sulphites and mustard.*

Due to the open nature of our kitchen, all our dishes may contain traces of allergens.

Please ask us for more information about any of our food.