

## Green Table Menu: Daily

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### Hot Breakfast Sandwiches (served 10:00 -12:00 only)

- Bacon Sandwich (df, contains gluten) 4.95
- Egg & Bacon Sandwich (df, contains gluten, eggs) 6.00
- Egg Sandwich (df, contains gluten, eggs) 4.95

### House-Made Soup w/ White Sourdough Bread & Butter £5.95

- **Creamy Tomato Soup** (VN, GFI, contains celery, sulphites. GFI bread & DF butter available)

### Salad Plate £7.95: Select 5 salads of your choice from our daily salad menu →

### Hot Sandwiches – served on brioche bun with an organic green salad\*:

- **Coffee & Cocoa Marinated Skirt Steak, Salsa, Red Onion, Mayo**  
(contains dairy, egg; DF option available) 8.95
- **Crispy Sesame Tofu, Kohlrabi Slaw, Lemon Tahini Sauce**  
(v, contains dairy, egg, sesame, soy. VN option available) 8.25

### Cold Sandwiches – on house made bread, with an organic green salad\*:

- **BLT with Mayo** (df, contains egg) 6.50
- **House made Hummus with Seasonal Roasted Veg** (vn, contains sesame) 6.00
- **Tarragon Chicken Salad with Mayo** (df, contains egg) 6.25
- **Tomato, Pesto, Fresh Mozzarella** (v, contains dairy, nuts) 6.50

GFI bread (df, contains egg) is available for all our sandwiches.

We also have seeded sourdough rye (vn, wheat free, contains gluten).

### Today's Special: Cheese & Chard Filo Triangle, w/ Beetroot Hummus & Organic Green Leaves (v, contains gluten, dairy, egg, sesame, sulphites, mustard) **8.25**

Kid's Menu: We offer half-portions of (almost) anything on the menu for half-price. Plus we have (each £3.50):

**Kids' Melted Cheese Pita** (gluten, dairy)      **Hummus, Carrots & Pita** (gluten, sesame)  
**Peanut Butter & Jam Sandwich (or just PB or just Jam)** (contains gluten & peanuts)

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**V = vegetarian, VN = vegan, GFI = gluten free ingredients, DF = dairy free**

*Due to the open nature of our kitchen, all our dishes may contain traces of allergens. Please ask us for more information about any of our food. Our GFI bread contains egg & our seeded rye sourdough contains gluten.*

*\*This item may contain sulphites from wine or vinegar. Please ask your server for more information.*

## Green Table Menu: Salads

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### House Made Salads

- **Old-Fashioned Potato Salad** (v, gfi, celery, egg, sulphites)
- **French Carrot Salad w/ Marjoram** (vn, gfi, sulphites)
- **House Made Hummus** (vn, gfi, sesame)
- **Raw Beetroot w/ Tarragon & Almonds** (vn, gfi, sulphites, nuts)
- **Lentil Salad w/ Mustard Vinaigrette** (vn, gfi, celery, mustard, sulphites)
- **Three-Bean Salad w/ Pesto** (vn, gfi, nuts)
- **Marinated & Baked Sichuan Tofu** (vn, gfi, soy, sesame)
- **Cabbage Salad w/ Carrots & Peanuts** (vn, gfi, peanuts, soy)
- **Local Leaves w/ House Made Vinaigrette** (vn, gfi, sulphites, mustard)
- **Lemony French Bean Salad with Garlic & Preserved Lemon** (vn, gfi, sulphites)
- **Couscous Salad w/ Apricots, Dates & Almonds** (vn, gluten, nuts)
- **Asian Noodle Salad w/ Seasonal Vegetables & Tofu** (vn, gfi, soy, sesame)
- **Heritage Tomatoes w/ Red Onion & Mint** (vn, gfi, sulphites)
- **Side of Bread** (gluten)

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