



## **Dartington Hall.... An old place with a new story**

Many of us are struggling with too much busyness and it is becoming increasingly apparent in the workplace where we spend around 35% of our waking lives. The evidence has become overwhelmingly clear, if you want your organisation to thrive you need to do more to support the well-being of the people at the heart of it. You may already be offering some perks in a bid to increase employee happiness, engagement, and productivity - flexible working hours, on-site massage, fitness classes, and duvet days.

At Dartington, we think there is something simpler that you should try - meaningful time spent outdoors and that's why we've created our Corporate Wellness Package. We believe by stepping away from our screens we can move into a deeper relationship with ourselves, our team and with the world around us.

### **24 Hour Corporate Wellness Package**

Arrival tea, coffee and energy snacks  
Half day deep-dive into wild wellbeing  
Buffet lunch in our medieval feasting hall  
Half day function room hire  
Mid-afternoon tea, coffee and cake  
Two course seasonal dinner  
After dinner fireside gathering with storytelling and reflection on the day  
followed with a night walk in the Dartington woods  
Overnight accommodation in Courtyard bedrooms  
Full English breakfast

### **Additional activities available \***

After dinner night paddle on the River Dart  
Devon Cream Tea overlooking the stunning Dartington gardens

Please contact our experienced Events Team by  
emailing [bookings@dartingtonhall.com](mailto:bookings@dartingtonhall.com) to discuss your next event

Rates based on a minimum of 8 delegates  
All rates inclusive of VAT  
\*supplements apply